Prg.ai
Have a look at a new initiative Prague’s International Researchers. Its goal is to bring together international researchers who have chosen Prague as their home and to create a multi-discipline community where everyone can learn from each other, build on each other’s experiences, find friends, share knowledge and tips, and as a result make the most out of their time in Prague. Given the current situation, the community is being formed on Slack, as soon as the situation permits, there’ll be regular offline gatherings too. It’s brought by prg.ai - an NGO founded by the Czech Technical University, Charles University, the Academy of Sciences and the City of Prague.

Here you can find a Practical guide for a happy life in Prague full of useful info and tips - check it out.

The Loneliness Fighter Brigade
Charles University support group for foreign employees which helps anyone feeling lonely in Prague, especially students/expats at the university. It offers regular social evenings and one-on-one meetings.
To join click here.